

Finding relief from tinnitus: it's possible

Tinnitus is the name given to uncontrollable sound heard inside the head or ears that isn't originating from an external source. It's often described as an 'ringing in the ears'. However, others report tinnitus as buzzing, humming, whistling, chirping, hissing or clicking.

Nearly one in five Australians will experience temporary or permanent tinnitus at some point in our lives. Some people find their tinnitus only mildly annoying, while others are severely distressed by symptoms and struggle to cope.

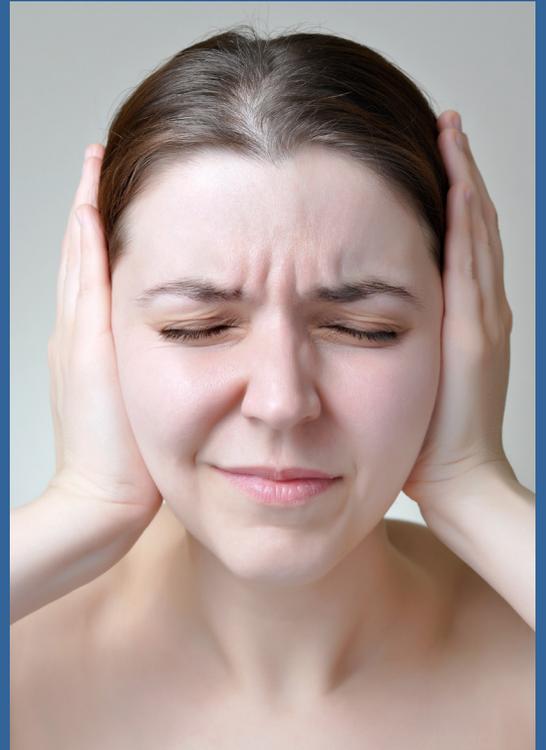
What causes tinnitus?

Tinnitus itself is not a disease or a condition. It's a symptom of something going on in the wider body or hearing system. A hearing health professional can investigate and diagnose what might be causing your patient's tinnitus, or what's making it worse. Sometimes it can be as simple as a build-up of wax against the ear drum or an ear infection, but most tinnitus cases are accompanied by some degree of hearing loss. This is because tinnitus is often linked to damage in the cochlear. When the delicate hair cells of the cochlear are damaged, they cannot regenerate. Damage to these hairs interferes with the efficiency of sound transfer to the brain, resulting in permanent hearing loss.

Getting to the bottom of tinnitus

For tinnitus of any degree, it's best to get the cause checked out. An assessment from one of our qualified clinician who specialise in tinnitus can help your patient get relief from symptoms of tinnitus as well as treat any accompanying hearing loss. Modern hearing aid technology can even treat your hearing loss and tinnitus symptoms at the same time.

While there is no direct cure for tinnitus, our caring hearing health professionals can help patients better manage the symptoms and get that all-important relief.



No one should simply put up with the frustration of tinnitus or hearing loss.

Our friendly team is waiting to provide patients a free hearing check and diagnostic assessment today.

Find your local ihear clinic at [ihear.com.au](https://www.ihear.com.au)

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